

# CAFE TRACK

## **VIRTUAL COFFEE AFTERNOON**

**THURSDAY APRIL 2ND 12-2**

Key information which you may wish to discuss during your 'Virtual coffee afternoon!'

Autism is a lifelong, developmental disability that affects how a person communicates with and relates to other people, and how they experience the world around them.

Currently just 16% of autistic adults find themselves in full time employment. This cannot continue.

We are working with local employers to provide them with support (through training and consultancy) to ensure their workplace is aware and accepting of autism so that they can benefit from a pool of talented individuals.

Across Northamptonshire we now have a range of companies benefitting from new staff who are thriving in their roles across a range of industry including: graphic design, logistics, retail and much more!

Small changes to your business environment can make a life changing difference. For example at a local company the only changes which have been made were to allow the individual to have the same workstation each day, and to arrive 5 minutes early (and he was recently runner up in the Employee of the year awards at his work place)!

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### Stats and Figures

There are over 1 Million people in the UK who have a diagnosis of autism.

16% of Autistic Adults in Full time paid work .

32% in some kind of paid work.

77% who are unemployed want to work!.

51% of those who were employed said their skills were higher than the job required .

50% of autistic people said that support, understanding or acceptance would be the single biggest thing that would help them into employment .

60% of employers worry about getting support for an autistic employee wrong. (Above figures from - The Autism Employment gap Report TMI – National Autistic Society)

### TRACK Stats

We have so far supported 26 people into paid employment (all of whom were previously unemployed)

We have supported over 50 people into work placements or experience sessions

We have provided training for a range of local and national businesses, and during April's autism awareness month, we are aiming to provide training to an additional 100 employees

([www.track.org.uk/autism-acceptance](http://www.track.org.uk/autism-acceptance))

Café Track opened in January 2019 and has so far had 23 people on placements with us

We have 14 Friends of Track, who are local and national organisations who are committed to working with us to support more people to access employment

If you want to buy us a Virtual Coffee to help us whilst Café Track is closed you can do so via [www.buymeacoffee.com/cafetrack](http://www.buymeacoffee.com/cafetrack) which costs £3. You do not have to do this as we are grateful for you joining in and helping us make a difference.

Remember to share your event online and use #CafeTrack #VirtualCoffeeAfternoon and #WorldAutismAwarenessDay in your posts.

[www.track.org.uk/coffee](http://www.track.org.uk/coffee)